THE FOLLOWING ARE APPROVED CLEAR LIQUID'S:

Clear Liquid Diet Includes:

- > Water
- Clear fruit juices such as apple or white grape
- > Bouillon or clear broth
- ➤ Jell-O (no red, blue, or purple)
- > Coffee or Tea (without milk or cream)
- ➤ Popsicles (no red, blue or purple)
- ➤ Gatorade (no red, blue, or purple)
- > Carbonated beverages such as Coke, Sprite, 7-up, Mountain Dew, etc.