



Gastrointestinal Associates, LLC.

You have been scheduled for an EUS.
Complete prep instructions are listed below. **Please read all instructions carefully.**

DATE OF PROCEDURE:

CHECK IN TIME: PROCEDURE TIME:

LOCATION: ADVENT HEALTH SHAWNEE MISSION

Main Entrance
9100 W. 74th Street
Shawnee Mission, KS 66204
(913) 632-2222

Prep Instructions for Endoscopic Ultrasound (EUS)

These instructions are your physician's specific instructions. Follow all steps carefully to ensure a successful prep and procedure. **Questions?** Call (913) 495-9600.

Important Information

You will be sedated for this procedure. You will need a friend/family member (18 yrs or older) to drive you home. Uber, Lyft, other ride share services and taxis are not acceptable forms of transportation.

7 Days

before your procedure

Stop taking prescription blood thinners and weight loss medications as described in the MEDICATION GUIDELINES included in this document. If these medications are not stopped, your procedure will have to be rescheduled.

The Day

of your procedure

- **Maintain a Clear Liquid Diet from Midnight until 5 hours prior to your procedure.**

See below for approved list of liquids:

- Water, including flavored water with no food dye
- Tea and black coffee - NO milk, cream, creamers, or lighteners
- Clear, light colored juices such as: apple, white grape, white cranberry
- Clear broth including: chicken, beef or vegetable
- Soda (Coke, Diet Coke, Pepsi, Diet Pepsi, Sprite, Mountain Dew, etc)
- Sports drinks: Gatorade, Powerade, or Propel **NO red, blue or purple**
- Popsicles without fruit or cream - **NO red, blue or purple**
- Jell-O or other gelatin without fruit - **NO red, blue or purple**

- **5 hours prior to procedure time, discontinue all liquids and do not take anything by mouth until after your procedure.** This means no medications, food, water, coffee, all tobacco products, vaping, gum, mints, etc.

- Do not take any medications the morning of the procedure. If you take blood pressure, cardiac or anti-seizure medication, you may take these at least 5 hours prior to your procedure, with just enough water to swallow the pills. You may resume the rest of your medications after your procedure.

Medication Guidelines

IMPORTANT: Please carefully review this medication list and consult your prescribing provider before discontinuing any blood thinners/anticoagulants or diabetic medications. DO NOT make up or double up on any missed medications after your procedure.

	7 DAYS BEFORE PROCEDURE	5 DAYS BEFORE PROCEDURE	4 DAYS BEFORE PROCEDURE	3 DAYS BEFORE PROCEDURE	2 DAYS BEFORE PROCEDURE	1 DAY BEFORE PROCEDURE	DAY OF PROCEDURE
Blood Thinners / Anticoagulants							
Coumadin (warfarin) Plavix (clopidogrel) Effient (prasugrel)	TAKE AS PRESCRIBED	DO NOT TAKE					
Brilinta (ticagrelor)	TAKE AS PRESCRIBED			DO NOT TAKE			
Aggrenox Arixtra (fondaparinux) Eliquis (apixaban) Persantine (dipyridamole) Pletal (cilostazol) Savaysa (edoxaban) Xarelto (rivaroxaban) Pradaxa (dabigatran)	TAKE AS PRESCRIBED			DO NOT TAKE			
Weight Loss & Diabetic Medications							
Phentermine (all brands) Mounjaro (tirzepatide) Ozempic (semaglutide) Trulicity (dulaglutide) Wegovy (semaglutide) Zepbound (tirzepatide)	DO NOT TAKE						
Vitamins & Supplements							
Fish Oil Iron Multivitamins St. John's Wart Vitamin E All other Vitamins & Supplements	TAKE AS PRESCRIBED	DO NOT TAKE					
Pain Relievers							
Aspirin (ASA) Tylenol (acetaminophen)	Can continue taking until the day of procedure						DO NOT TAKE
NSAIDs (Advil, Aleve, ibuprofen, naproxen, diclofenac, meloxicam)	Can continue taking in small doses until day of procedure						